Snoring: It’s a Problem Worth Solving!

Snore Guard® is a small oral appliance used only during sleep. It helps prevent the jaw and tongue from dropping back into the throat and closing off the air passage. Keeping the air-way open greatly reduces snoring.

- Comfortable
- Effective
- Inexpensive
- Reliable
- Convenient
- Chair-side Fitting
- Non-Invasive
- No Outside Lab Work
- Patented
- FDA Approved

If someone you know snores, ask your doctor about Snore Guard®

Give your partner “The silent treatment”

STOP Snoring

Ask your doctor!
SNORING IS A SLEEPING DISORDER

“Snoring has been identified as a risk indicator of and possible risk factor for hypertension, heart disease and stroke.”


If you snore, you are not getting the rest you should from your sleep. You may also be at risk for sleep apnea and other serious health disorders.

Fortunately, your doctor can now treat your snoring with Snore Guard®. This safe, fast treatment is effective the first night you use it.

SNORING IS A SOCIAL DISORDER

Snoring not only robs you of the rest you need from your sleep, it also robs those closest to you. You both wake up tired, and often feel grouchy during the day. Snoring is the villain.

“…Many a vacation trip was marred by my snoring and my wife putting her foot in my back.”

“I want to thank you for showing me the Snore Guard ... The results have been wonderful!”

- Robert M. W., DDS

SNORE GUARD IS THE ANSWER

“Snore Guard is an effective treatment in patients with snoring and mild to moderate Obstructive Sleep Apnea and is associated with fewer side effects and greater satisfaction than alternative methods.”


- Some CPAP users have found Snore Guard® convenient for weekend get-aways or vacation use!

- Comfortable ONE-PIECE design. No multiple pieces, screws, wires or elastic bands.

- No Lab work required. Snore Guard is fit at chair-side in 10-15 minutes.

- Fitting is completed in a single office visit and is ready to use when you go to sleep at night.

Snore Guard after fitting.

www.SnoreGuard.com

YOUR DOCTOR HAS THE ANSWER

“Though my wife complained of snoring, especially when I returned from a Sydney or Hong Kong flight, I realized I had a problem (and set out to correct it) when my snoring woke my daughter up, through two closed doors.

With no changes in my lifestyle, using the Snore Guard I now wake up (after 7 hours of sleep) at 6-7a.m. well rested.”
- Lew M., Airline Pilot

Your doctor can tell you more about Snore Guard and how it works to stop snoring. Just ask!

...After a restful sleep!

If you or someone you know suffers from Bruxism (night time teeth grinding and clenching), ask your doctor about the Dr. Hays Bite Guard.

Ask your doctor!